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# KENT GARDENS RECREATION CLUB

CLUB RULES AND REGULATIONS HANDBOOK, Revised May 2017

The following rules and regulations are established for the protection and benefit of all users of the Club's facilities. Members are expected to acquaint themselves with these rules in order to guide their children and guests. Failure to comply with the rules may be cause for suspension or revocation of a member's pool privileges as stipulated in the Club's By-Laws.

## GENERAL

All persons using the pool do so at their own risk. The Club and pool management company will not be responsible for any accident or injury in connection with such use. The Club will not be responsible for loss or damage to personal property, nor for stolen articles.

## ADMISSION

1. Your membership will be activated after annual dues are paid. Each member must sign in at the front desk with his or her membership card upon arriving at the pool. If the member does not present a membership card, they may be asked to present a government-issued identification to verify their identity. If the online membership system is unavailable, the front desk staff will verify the member's identity and manually log their access to the facilities.
2. Membership cards are issued to family members 11 years of age and older. Membership cards are property of the Club, are not transferable, and may be subject to a \$5.00 replacement fee.
3. A guest pass must be used for each guest. Guest passes can be purchased at the front desk or as indicated on the Club web site. Guests may be required to sign a liability waiver before being permitted to use the Club facilities.

4. Regardless of swimming ability, children under 11 years of age shall not be permitted within the pool enclosure unless accompanied by a responsible adult or designated caregiver. Children under 13 years of age may sign in to the pool unaccompanied once they have passed the Club's basic swim safety test, as administered by the pool management staff:  
Swim 1 length of the pool without stopping and tread water for 1 minute.
5. All participants and spectators in Club swim and dive NVSL events are expected to abide by the NVSL Standards of Conduct which can be found on the Club web site.

## GUESTS

1. Passes for guests may be purchased from the Club at the front desk or as indicated on the Club web site. Each guest pass shall entitle one person to use the Club's facilities for one full day. Guests two years of age and under are free. Guest passes are valid for the current season only and good for the day they are used.
2. Members who have been issued a Membership card may bring guests, provided that the guest is also eleven years or older and can pass the Club's basic swim safety test, administered by the pool management staff.
3. Relatives or house guests staying at a member's home (as well as an au pair, nanny, or domestic help) may obtain full use of the Club's facilities for the season upon application to the Membership Director and payment of the Resident Relative/Caregiver fee. The Board of Directors shall establish the amount of the fee each year.

## OPERATING HOURS

1. Pool hours will be indicated in the annual Calendar of Events, subject to modifications by the Board. The pool may close early to accommodate swim and dive team events and meets.
2. At the manager's discretion, one lane of the pool will be reserved for lap swimming except when special events are being held.
3. At designated hours, an additional lane may be reserved for swim lessons.

4. The pool may be closed at the discretion of the manager for maintenance or adverse weather conditions. It may also be closed for swim and dive meets; the dates and times of these meets will be announced in the annual Calendar of Events or at the pool entrance.

## SAFETY AND HEALTH

1. All bathers must take a soap shower before entering the pools. Clean swimming attire is required; street clothing, including articles such as shorts and cutoffs will not be considered proper swimming attire.
2. Shoes will not be worn on the pool deck during normal pool operating hours.
3. The following are strictly prohibited; running, pushing, glass masks or glass objects in the pool or on the pool deck; consuming food or candy outside designated areas; sitting on tables; gum chewing; intoxication; profanity; discarding trash or litter except in trash cans; playing tag on the deck; snapping towels; spitting, spouting water or any other inappropriate or hurtful behavior as deemed by the lifeguards; playing, sitting or standing on the lane lines or the floatation line separating the swimming and diving areas; or any disturbance in or about the pool proper.
4. Smoking on Club grounds is prohibited.
5. Pets are not allowed inside the pool gates unless they are 'Service Dogs'. Service Dogs must be registered with the Pool Manager if accompanied by guest.
6. Persons with fevers, colds or communicable diseases, inflamed eyes, nasal or ear discharges, skin diseases or open lesions, or those wearing bandages, will not be permitted in the pool.
7. Children who are not fully toilet trained will be permitted in either pool only if they are wearing swim diapers.
8. Children using US Coast Guard (USCG) approved floatation devices or "swimmies" in the large pool must be accompanied in the pool by a responsible adult 18 years of age or older. The adult must be within arm's reach of the child at all times.

9. All persons are asked to stay clear of the lifeguard stands and should not attempt to carry on conversations with guards while they are on duty.
10. The Pool Manager, assistant manager, lifeguards and attendants are in full charge of the pool proper and are authorized to enforce all safety and sanitation rules. The manager and assistant manager have complete authority concerning enforcement of the pool rules, and their decision is final. Such authority includes the right to restrict water activities by “benching” a violator for up to 15 minutes, as well as the right to evict any person who fails to comply with the rules and regulations of Kent Gardens Recreation Club.

## DIVING BOARD RULES

The following diving board rules apply to the use of the diving boards by members and guests outside of dive team practices or meets, unless the diver is practicing under the direct supervision of a dive coach currently employed by KGRC.

Use of the diving board is restricted to individuals who have passed the swim test. Swimmers are to stay clear of the diving area. Each diver must make sure the previous diver is on the ladder and getting out of the pool before beginning to dive. Divers should use the nearest ladder when getting out of the pool; they should not swim in front of the next diver. The use of “swimmies” or other flotation devices while diving is not permitted. Jumping multiple times on a diving board is also prohibited. No one except a lifeguard may be in the diving well while another person is jumping from the board. The parent of the child who is jumping is not permitted to catch the child or to be in the diving well under any circumstances.

1. Only one person on the board at a time.
2. Diver must wait for prior diver to reach the ladder before starting to dive.
3. No one may remain in the diving well to “catch” a diver.
4. Only one bounce.
5. Forward facing dives only. No back or inward dives.
6. Dives must carry diver away from board. No reverse dives.

7. Diver must swim to the nearest ladder.

## WADING POOL

1. The wading pool may be used during normal pool operating hours.
2. Life guard coverage is not provided in the wading pool area. Use of the wading pool is limited to children six years of age and under. Supervision of those children must be maintained by an adult 18 years of age or older, who shall remain within the confines of the wading pool fenced area. Children must not be left unattended. Pool staff members have been instructed to have any unattended child leave the wading pool.
3. Children using the wading pool must use snug fitting bathing suits. Children in diapers must wear commercial swim diaper.
4. Towels or clothing shall not be hung on the fence between the wading pool and the main pool. An unobstructed view through the fence must be maintained at all times.

## PICNIC AREA

1. The grassy hill area and the wood deck are the designated areas where food and non-alcoholic beverages may be consumed, subject to the rules which follow.
2. All food and beverages will be carried directly to the picnic area in closed containers. No containers will be left opened within the pool deck area.
3. Glass containers of any kind are not permitted in the pool or picnic area.
4. Persons consuming food shall clean up after themselves and deposit trash in receptacles.
5. Parents are requested to provide supervision for younger children while they are eating.
6. All cooking shall be confined to the barbecue grills provided by the Club. Only an adult, who shall remain in the immediate area when the gas grill is turned on, may conduct such cooking. Members are responsible for turning off the gas and cleaning the grill after use.

## PARTIES

Any member wanting to hold a party at the pool must request permission from the Pool Manager or assistant manager using the Pool Party Reservation Request Form available on the Club web site. Parties are limited to fifteen people or fewer. The Pool Manager may grant permission for a party if the party will not conflict with other pool events. There shall be only one party at a time and permission to host a party will be granted on a first come, first serve basis.

### PRIVATE SWIM LESSONS

Lessons may be offered in Lane 6 (and occasionally Lane 5), on a first-come, first-served basis, from 3:30 p.m. - 4:30 p.m. (before "Summer Hours") and 11:30 a.m. - 1:30 p.m. (during "Summer Hours") on weekdays, and from 11:30 a.m. - 1:30 p.m. on weekends. Lessons may only be given by a Member in good standing to other Members, and Members can receive lessons from a Guest, however a Member is not allowed to offer lessons to Guests as it violates our insurance policy.

Our pool operator, will also offer swim lessons once "Summer Hours" are underway. Updated information will be on the Lessons page of the website once the season begins.

### WI-FI INTERNET ACCESS

Internet Service via the Club's Wi-Fi infrastructure is provided as a convenience to members. Use of the service is at the member's own risk. By connecting, the member acknowledges and accepts the risks associated with public access to the Internet and public use of a wireless network. The service is provided "As is" and "As available" without warranties of any kind, either express or implied that the Service will be uninterrupted or error-free. By using the Service the member agrees to indemnify and hold harmless the providers of the Service arising out of or related to your use of the Service.

### MISCELLANEOUS

1. All bathers must clear the pool immediately following the guard's signal to do so. The "break time," during which only individuals 16 years of age and

older may remain in the pool, begins 15 minutes prior to each hour and ends on the hour.

2. The speed limit in the parking areas and driveway is 10 miles per hour. Due to limited visibility, members and their guests are advised to use extreme caution when entering and exiting the Club driveway. Casual riding – that is, neither arriving nor departing – of any type of motorized vehicle on Club property is prohibited.
3. There is to be absolutely no illegal parking on KGRC grounds. Members should not park on fire lanes or will be subject to tow.
4. Deliberate property damage will be charged to the responsible member.
5. A lost and found department is maintained at the Club. Articles not claimed within 15 days may be discarded or donated.
6. From time to time, problems may arise which are not covered specifically by the above rules and regulations; such problems will be handled at the discretion of the Pool Manager, assistant manager, lifeguards or attendants, and will be reported to the Board of Directors.

These rules may be revised or additional rules established at any time by the Board of Directors. Questions on any of the above may be directed to the Pool Manager or to a member of the Board of Directors. A list of the current Board members and their numbers will be available at the pool desk.